# Detec:ogether

SAVING LIVES THROUGH EARLY CANCER DETECTION

DetecTogether closes a critial gap in healthcare: giving people the tools to detect cancer early – starting with themselves.

We teach people to recognize subtle, persistent, health changes and take action sooner – improving outcomes and reducing invasive, expensive treatment.

# **3 Steps Detect**

## **#1** | Know Your Great



Know how you feel when you are at your best. Tune in to your energy level, sleep patterns, weight, skin, and bathroom habits.

### #2 | 2-Week Rule



If any changes to your health last longer than 2 weeks, it's time to call the doctor.

# **#3** | Share with Your Doctor

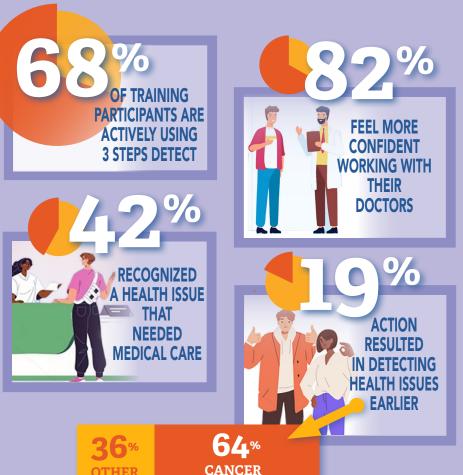


You know your body best. Share any persistent health changes with your doctor. It may be difficult or embarassing, but it could be life-saving.

# Detec:ogether

53 Otis Street | Westborough, MA 01581 508.869.5200 info@detectogether.org www.detectogether.org

# 3 Steps Detect®



# SURVIVAL RATES: EARLY VS. LATE CANCER DETECTION

STAGE 0/1 (LOCAL)			STAGE 4 (DISTANT)	
BLADDER	70%		8%	
BREAST		99%	30%	
COLON		91%	15%	
ESOPHAGEAL	47%		6%	
LUNG	61%		7%	
SKIN melanoma		99%	32%	
PROSTATE		99%	32%	
TESTICULAR		99%	72%	
THYROID		99%	53%	

The impact of early detection is undisputed. Patients are very often the first who are able to recognize signs of cancer or serious illness. 3 Steps Detect actions can save their lives.

"Cancer Statistics Center." American Cancer Society. 5-Year SEER data. https://cancerstatisticscenter.cancer.org/. Accessed 2023

# WHY IS 3 Steps Detect® **SO VITAL?**

# 40% of the U.S. Population will be diagnosed with cancer

in their lifetime.

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% OF CANCERS ARE DIAGNOSED AS A RESULT OF SCREENINGS. SO IT'S MOSTLY UP TO YOU TO **DETECT IT EARLY!** 

# 50% of those

will be diagnosed in advanced stage when it's more challenging to treat and less likely to be cured.

# **Protecting Those** Who Protect Us

Only

# FIREFIGHTERS

who have a 9% increased risk of developing cancer and a 14% greater risk it than the general public

### **PARTICIPANT PROGRAM** RATING (out of a maximum 10)

**RESPONSE TIME MATTERS** REACH

- " Early detection is an area where the fire service lags in education. Knowing when to seek medical attention and how to work with our doctors is something DetecTogether has helped FDNY with to bridge this gap."
- Frank Leeb

Retired FDNY Chief Officer Managing Director of the First Responder Center for Excellence

# Healthier Workforce, **Smarter Costs**

# WORKPLACE



whose employers care about the health of their workforce and managing healthcare costs

**PARTICIPANT PROGRAM** RATING (out of a maximum 10)

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### **ESTIMATED COST SAVINGS ANNUALLY IN U.S. WHEN CANCER IS DIAGNOSED EARLY**

**Our Early Detection education** continues to provide significant cost savings to employers.\*

" Team UniBank is healthier and our premiums have dropped significantly, thanks to lifesaving 3 Steps Detect."

- Michael Welch **Chief Executive Officer** UniBank

\*https://pmc.ncbi.nlm.nih.gov/articles/PMC9596506/

# **Empowering the Next Generation**

# YOUNG ADULTS

**...** 

who are developing lifelong health habits and transitioning to healthcare independence

### **PARTICIPANT PROGRAM** RATING (out of a maximum 10)

# STUDENTS RECEIVED

**3 STEPS DETECT TRAINING** 

" Students learned independent living skills, self-advocacy, how to communicate effectively with healthcare professionals, and how to actively participate in their own health care."

Jane Lizotte Asst. Superintendent Shrewsbury, MA, Public Schools

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